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PRECISE MEASURING

for flat knitted, lymphological compression garments



Juzo®. Freedom in Motion

Our Customer Service department – always there for you

Customer service is a top priority at Juzo – and has been for more than 100 years. Our passionate, reliable and flexible staff is happy to advise you on any aspect of compression garments. Your contact persons are knowledgeable in all areas of our quality products and are glad to assist you with any questions or issues you might have.

Our Customer Service department offers ...

- general information
- individual product advice
- order acceptance
- feedback on the status of your order
- acceptance of alteration or repair orders
- advice for specialist questions regarding flat knitting and oedema treatment
- support for complex and complicated flat knitted garments



Edith Männer
Head of Customer Service

You can reach us by phone
Monday to Friday
Please feel free to send us
an e-mail or a fax.

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More than 100 years of experience in compression therapy

The history of the family-run business Juzo extends back to the year 1912. It was in that year that Julius Zorn GmbH (Juzo) was founded in Zeulenroda. This small city in the southeast of Thuringia was already regarded at the time as the elastic stocking manufacturing capital – a place where a high level of know-how and experienced employees came together. The hosiery industry in Zeulenroda has its roots as far back as 1750 and gained an international

reputation in the 19th century. In the year 1919 Juzo revolutionized its manufacturing processes: for the first time ever the stockings were now knitted rather than woven. The demand for these novel products increased steadily thereafter. By the 30s Juzo was already exporting its compression products to many countries in the world. After the Second World War, the grandson of the founder Julius Zorn settled in Aichach and developed the company Juzo into an international

business. Juzo introduced seamless compression stockings in 1951, and in 1962 Juzo began manufacturing the first latex-free compression stockings. Thanks to its consistent focus on quality and further developing its products, Juzo has been successfully growing its international business and currently employs around 900 people all over the world. The manufacturing facilities at the company's site in Aichach are the most modern of their kind.

Summary



04 // General instructions



06 // Foot-toe-portions



08 // Stockings and pantyhose



12 // Gloves



15 // Sleeves



18 // Thorax segments



20 // Head segments

General instructions

Precise measuring for lymphological compression garments



- The area to be treated must be fully decongested. Ideally the measurements should be taken immediately after lymph drainage.
- Using an eyeliner pen to mark measurement points on the skin will make things easier when taking measurements.
- For every circumference measurement it is also necessary to determine the corresponding length measurement. This is the only way to ensure both a suitable fit and a correct compression distribution.
- For difficult anatomical situations, photographic documentation will assist us in manufacturing the compression garment. Please send this to the order@juzo.com or order@juzo.co.uk

Equipment for measuring Juzo Garments



Measuring tape



Sterilisable lymphological measuring tape (length: 200 cm)



Disposable finger measuring tape



Finger ruler



Eyeliner pen

To select a suitable garment and extra options, we recommend the brochure "Special-purpose garments for lymphological compression therapy".

ORDER ☐ Quotation only

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PATIENT DETAILS
Name / Your order no.:
Previous order no. / Quotation no. / Ref:
Specialty: ☐ Female ☐ Male Customer no.: Date:

COMPANY (Please, contact person)
Name: Position: Customer no.: Date:

LYMPHOLOGY ☐ Please check ☐ Photo documentation will follow by e-mail

FOOT LEFT Circumference (H) in cm Length (L) in cm **FOOT RIGHT** Circumference (H) in cm Length (L) in cm

ACCESSORIES
☐ Lymphoelast Space ☐ Lymphoelast ☐ Adhesive Lotion

FABRIC
16-21 22-25 26-30 31-35 36-40 41-45 46-50 51-55 56-60 61-65 66-70 71-75 76-80 81-85 86-90 91-95 96-100 101-105 106-110 111-115 116-120 121-125 126-130 131-135 136-140 141-145 146-150 151-155 156-160 161-165 166-170 171-175 176-180 181-185 186-190 191-195 196-200 201-205 206-210 211-215 216-220 221-225 226-230 231-235 236-240 241-245 246-250 251-255 256-260 261-265 266-270 271-275 276-280 281-285 286-290 291-295 296-300 301-305 306-310 311-315 316-320 321-325 326-330 331-335 336-340 341-345 346-350 351-355 356-360 361-365 366-370 371-375 376-380 381-385 386-390 391-395 396-400 401-405 406-410 411-415 416-420 421-425 426-430 431-435 436-440 441-445 446-450 451-455 456-460 461-465 466-470 471-475 476-480 481-485 486-490 491-495 496-500 501-505 506-510 511-515 516-520 521-525 526-530 531-535 536-540 541-545 546-550 551-555 556-560 561-565 566-570 571-575 576-580 581-585 586-590 591-595 596-600 601-605 606-610 611-615 616-620 621-625 626-630 631-635 636-640 641-645 646-650 651-655 656-660 661-665 666-670 671-675 676-680 681-685 686-690 691-695 696-700 701-705 706-710 711-715 716-720 721-725 726-730 731-735 736-740 741-745 746-750 751-755 756-760 761-765 766-770 771-775 776-780 781-785 786-790 791-795 796-800 801-805 806-810 811-815 816-820 821-825 826-830 831-835 836-840 841-845 846-850 851-855 856-860 861-865 866-870 871-875 876-880 881-885 886-890 891-895 896-900 901-905 906-910 911-915 916-920 921-925 926-930 931-935 936-940 941-945 946-950 951-955 956-960 961-965 966-970 971-975 976-980 981-985 986-990 991-995 996-1000 1001-1005 1006-1010 1011-1015 1016-1020 1021-1025 1026-1030 1031-1035 1036-1040 1041-1045 1046-1050 1051-1055 1056-1060 1061-1065 1066-1070 1071-1075 1076-1080 1081-1085 1086-1090 1091-1095 1096-1100 1101-1105 1106-1110 1111-1115 1116-1120 1121-1125 1126-1130 1131-1135 1136-1140 1141-1145 1146-1150 1151-1155 1156-1160 1161-1165 1166-1170 1171-1175 1176-1180 1181-1185 1186-1190 1191-1195 1196-1200 1201-1205 1206-1210 1211-1215 1216-1220 1221-1225 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5726-5730 5731-5735 5736-5740 5741-5745 5746-5750 5751-5755 575

COMPRESSION FOOT-TOE-PORIONS

General instructions

- The measurements "cA" and "cA'" should be taken with the patient standing. If the foot-toe-segment will be worn at night, please take the measurements "cA" and "cA'" with the patient lying down.
- For the very small toe measurements, please specify the measurements with **millimetre accuracy**. Use the disposable Juzo Finger Measuring Tape for this.
- In the case of combination garments, the stocking and foot-toe-portions need to overlap by at least 6 cm.



Circumference measurements

- All circumference measurements should be taken in a circular and straight line around the foot or toes. Do not measure within skin folds.
- If appropriate for the indication, take the circumference measurements with the measuring tape taut.



Circumference "cA"

Level with the basal joint of the small toe



Circumference "cA'"

For adults, 6 cm proximal to the basal joint of the small toe



Circumference "cX"

Toe circumference level with the skin fold between the toes



Circumference "cZ"

Toe circumference level with the desired end of the toe extension. For closed toes, at the root of the nail.



Length measurements

- The toe extensions should not end in the crease of a toe joint. To maintain an optimal fit, we recommend extending the toe extensions to at least the root of the nail.
- Measure the toe lengths from "cX" to the tip of the toe or to the desired end point in the spaces between the toes.



Length "lAA'"

For adults, 6 cm proximal to the basal joint of the small toe



Length "lXZ"

From the level of the skin fold between the toes to the tip of the toe or the desired end point in the spaces between the toes





COMPRESSION STOCKINGS AND PANTYHOSE

General instructions

- Take all length measurements at right angles (perpendicular) to the longitudinal axis!
- If the physical condition of the patient allows, all length measurements should ideally be taken or checked while standing.
- We recommend angling the openings in order to guarantee an optimal pressure distribution and anatomical fit.
- In the case of combination garments, the foot-toe-portions and stocking need to overlap by at least 6 cm.

Circumference measurements

- All circumference measurements should be taken in a circular and straight line around the leg. Do not measure within skin folds.
- If appropriate for the indication, take the circumference measurements with the measuring tape taut.
- We recommend, where possible, that the circumference "cA" and the thigh measurements be taken while standing.



Circumference "cA"
Level with the basal joint of the small toe (while standing)



Circumference "cY"
Over the heel and instep in dorsiflexion



Circumference "cB"
Directly above the malleolus (approx. one finger width above the instep)



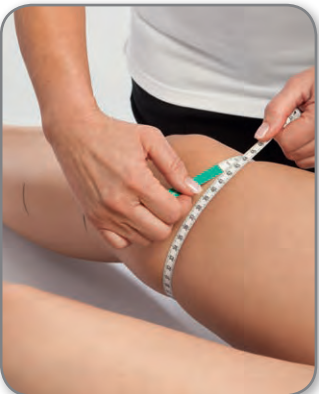
Circumference "cB1"
At the start of the calf muscle



Circumference "cC"
At the largest girth of the calf



Circumference "cD"
Level with the head of the fibula



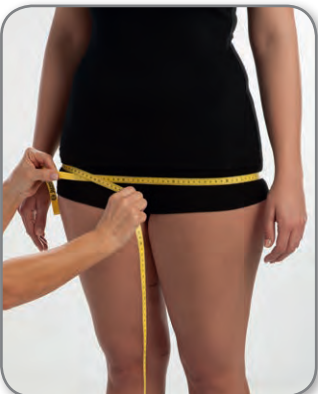
Circumference "cE"
Approx. 2 finger widths above the patella with the knee slightly bent



Circumference "cF"
Mid thigh



Circumference "cG"
At the largest girth of the thigh below the gluteal fold



Circumference "cK"
Hip circumference



Circumference "cH"
Largest abdominal circumference



Circumference "cT"
At the waist or level with the upper end of the pantyhose

Length measurements

- Take all length measurements perpendicular to the foot or on the medial side of the leg.
- Take "lF" and "lG" and all abdominal measurements while the patient is standing.
- Take all other leg measurements while the patient is lying down.



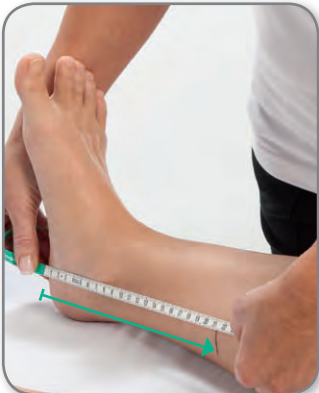
Total foot length "lZ"
Only for closed toes: back of the heel to the tip of the longest toe (while standing)



Foot length "lA"
Back of the heel to the basal joint of the small toe (1)
For ball stub: please measure the lateral and medial length of the foot (2)



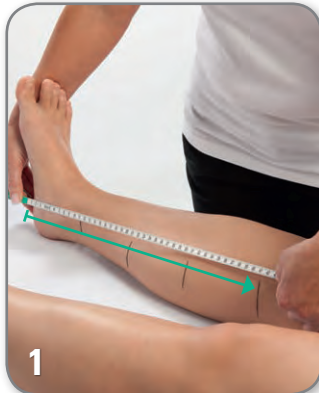
Length "lB"
Sole of the foot to above the malleolus (approx. one finger width above the instep)



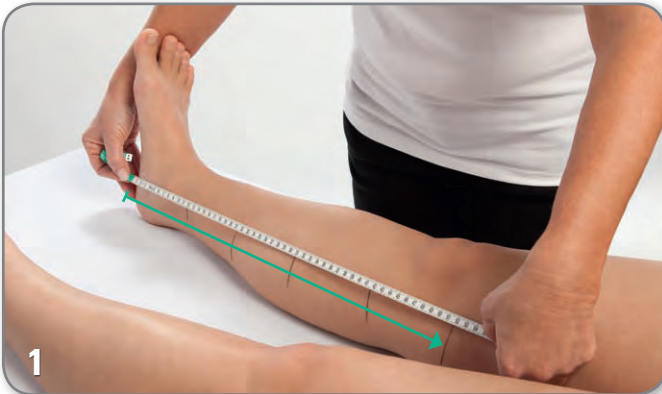
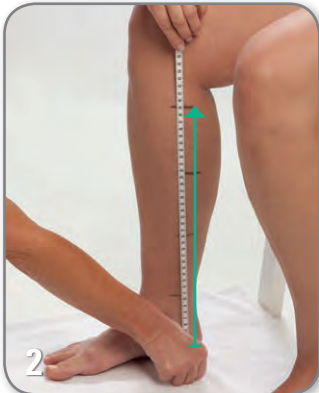
Length "lB1"
Sole of the foot to the start of the calf muscle



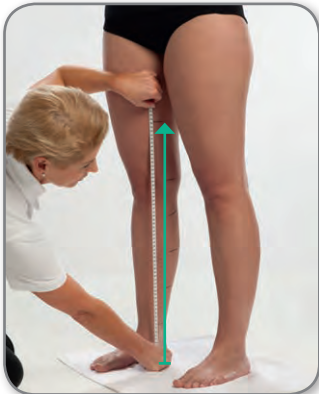
Length "lC"
Sole of the foot to the largest girth of the calf



Length "lD"
Sole of the foot to the head of the fibula (1)
Check: for AD stockings, please check the "lD" length again with the patient seated (2)



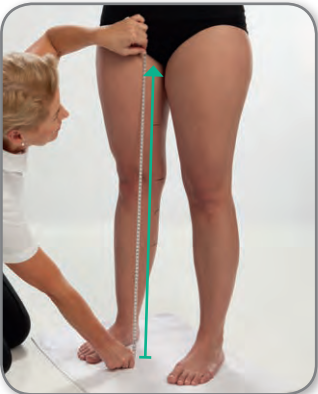
Length "lE"
Sole of the foot to the midpoint of the patella (1). For garments with an anatomically flexed form at "cE": up to the popliteal fold (2)



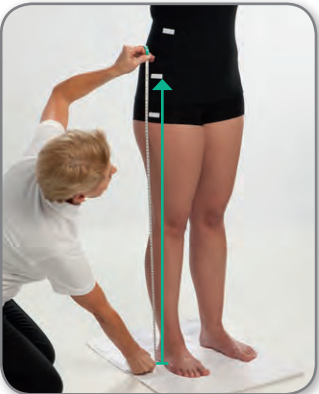
Length "lF"
Sole of the foot to the mid thigh



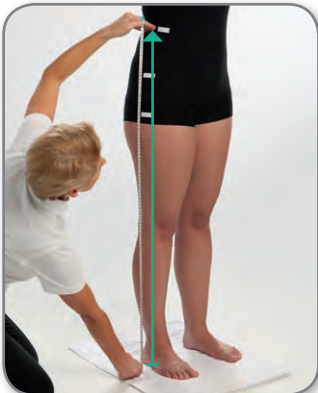
Length "lG"
For AG stockings: sole of the foot to the gluteal fold



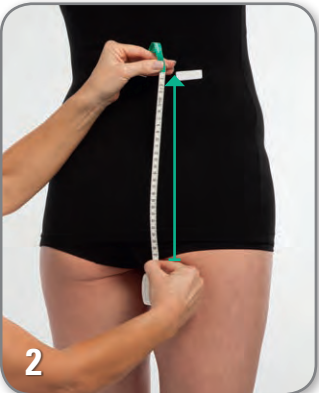
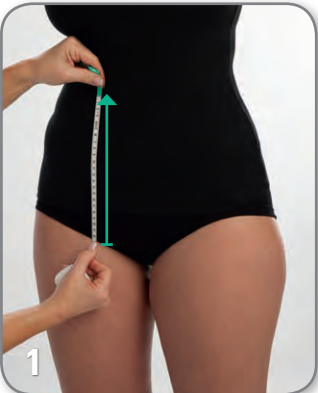
Length "lG"
For pantyhose: sole of the foot to the crotch at the front



Length "lH"
Sole of the foot to the widest part of the pelvis



Length "lT"
Sole of the foot to the waist or level with the upper end of the pantyhose
The abdominal section should extend to above the iliac crest or to mid waist to ensure it will not slip.
Abdominal section with reinforcement: front height = from the crotch at the front to the end of the pantyhose (1)
back height = from the gluteal fold to the end of the pantyhose (2)





COMPRESSION GLOVES

General instructions

- Take all length measurements at right angles (perpendicular) to the longitudinal axis!
- For the very small finger measurements, please specify the measurements with **millimetre accuracy**. Use the disposable Juzo Finger Measuring Tape for this.
- For longer gloves, we recommend angled forearm openings in order to guarantee an optimal pressure distribution and anatomical fit.
- In the case of combination garments, the sleeve and glove need to overlap by at least 6 cm.

Circumference measurements

- All circumference measurements should be taken in a circular and straight line around the hand or fingers. Do not measure within skin folds.
- If appropriate for the indication, take the circumference measurements with the measuring tape taut.



Circumference "cA"

Level with the basal joint of the little finger (with the hand lying flat on e.g. a table)



Circumference "cB"

Level with the angle of the thumb (with the hand lying flat on e.g. a table)



Circumference "cC"

Distal to the wrist



Circumference "cC1"

For adults, 6 cm proximal to the wrist as a rule



Circumference "cD"

Glove with long sleeve: circumference at the largest girth of the forearm



Circumference "cX"

Finger circumference level with the fold between the fingers
Note: for the thumb, measure the "cX" circumference above the basal joint of the thumb

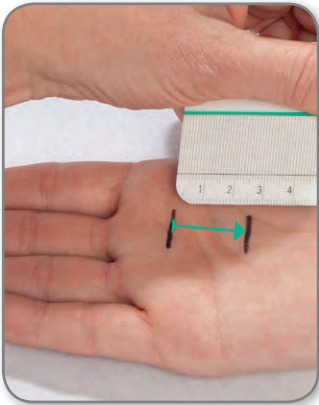


Circumference "cZ"

Finger circumference level with the desired end of the finger extensions.
For closed fingers, at the root of the nail.

Length measurements

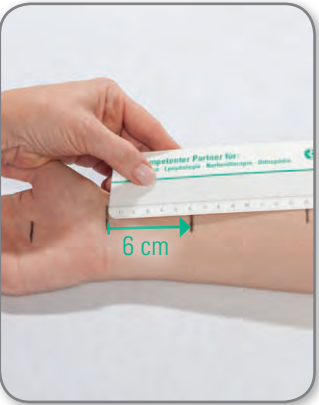
- Take all length measurements perpendicularly from the inner side of the hand. Place the hand on a stable surface (e.g. a table) with the fingers stretched out while doing so.



Length "LAB"
From the level of the basal joint of the little finger to the middle of the hand on the palm



Length "LAC"
From the basal joint of the little finger to the wrist joint



Length "LCC"
From proximal to the wrist joint (6 cm as a rule for adults)



Length "LCD"
Glove with long sleeve: from the wrist joint to the largest girth of the forearm



Finger lengths

We recommend that the finger extensions do not end at the crease of a finger joint. To maintain an optimal fit, we recommend extending the finger extensions to at least the root of the nail.

Measure the finger lengths from "cX" to the tip of the finger or to the desired endpoint in the spaces between the fingers. The length of the 4th finger should be determined between the 3rd and 4th finger.



COMPRESSION SLEEVES

General instructions

- We recommend angling the openings in order to guarantee an optimal pressure distribution and anatomical fit.
- In the case of combination garments, the sleeve and glove need to overlap by at least 6 cm.



Circumference measurements

- All circumference measurements should be taken in a circular and straight line around the arm. Do not measure within skin folds.
- If appropriate for the indication, take the circumference measurements with the measuring tape taut.



Circumference "cC"
Distal to the wrist



Circumference "cC1"
For adults, 6 cm proximal to the wrist as a rule



Circumference "cD"
At the largest girth of the forearm



Circumference "cE"
Of the elbow / crook of the arm with the arm angled slightly



Circumference "cF"
Mid upper arm



Circumference "cG"
Level with the armpit



Circumference "cH1"
For sleeves with support strap: measure the circumference from the point "H" to under the opposite armpit and back around to "H" (1).
Alternatively: measure the circumference under the bust (2)

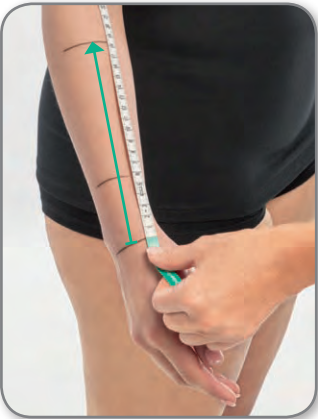


Length measurements

- Take all length measurements perpendicularly from the medial side of the arm. The arm should be hanging loosely and not fully stretched when doing so.



Length "lCC1"
From proximal to the wrist joint (6 cm as a rule for adults)



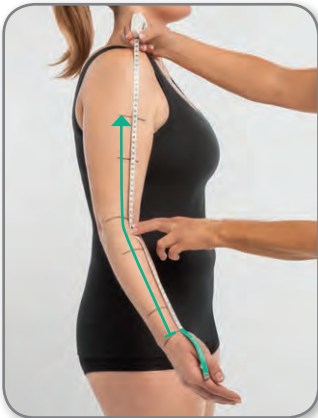
Length "lCD"
From the wrist joint to the largest girth of the forearm



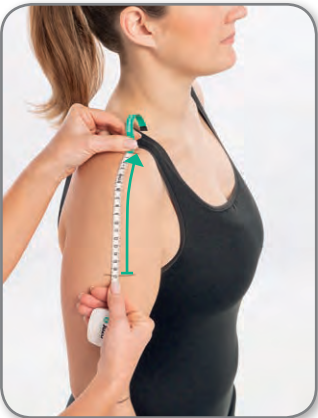
Length "lCE"
From the wrist to the crook of the arm



Length "lCF"
From the wrist to mid upper arm



Length "lCG"
From the wrist to the level of the armpit



Length "lGH"
For sleeves with shoulder strap or bra fastening: length along the outside of the arm and following the body from the level of "cG" to the measurement point "H"



COMPRESSION SEGMENTS THORAX

General instructions

- Take all length measurements at right angles (perpendicular) to the longitudinal axis!
- To ensure an optimum pressure in the chest area, we recommend using arm extensions (t-shirt style) or compression sleeves. The neck cutout should also be kept as small as possible.
- For instructions on precisely measuring sleeves or sleeve extensions, see page 15.

Circumference measurements

- All circumference measurements should be taken in a circular and straight line. Do not measure within skin folds.
- If appropriate for the indication, take the circumference measurements with the measuring tape taut.



Circumference "cN"
Chest circumference measured below the armpits



Circumference "cT"
Waist circumference



Circumference "cK"
Hip circumference; for extended thorax bandages to at least below the hip bones; for body pieces to level with the pubic bone



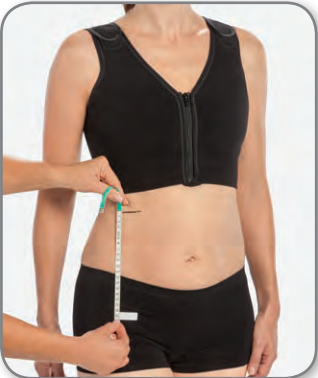
Circumference "cH"
Arm circumference measured from the shoulder straight down under the armpit

Length measurements

- Take all length measurements perpendicularly from the medial side of the arm. The arm should be hanging loosely and not fully stretched when doing so.



Length "lTS"
Waist to mid shoulder



Length "lKT"
Waist to hip



Length "lQU"
Width of the neck cutout at the front



Length "lRS"
Depth of the neck cutout at the front



Length "lKK"
For thorax garments with attached body piece: length from the level of "cK" at the front down through the crotch to the level of "cK" at the back



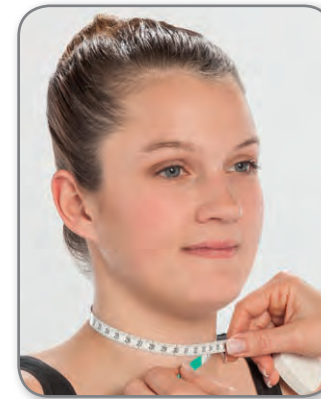


COMPRESSION SEGMENTS HEAD

General instructions

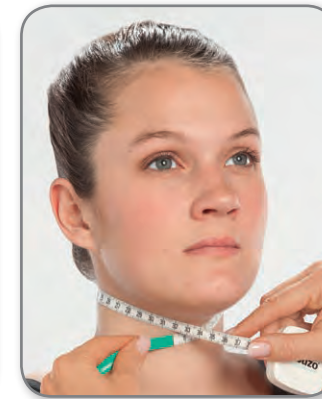
- Please bear in mind that the cutouts need to be kept as small as possible so as not to reduce the compression effect or therapy results. Too large cutouts could result in "window oedemas".
- In those styles with a closed forehead section, the entire back of the head is also closed.
In the case of the variant with an open forehead section, the back of the head is also open up to the height of the forehead.

Circumference measurements



Circumference "cA"

Lower neck circumference parallel to the circumference "cB"



Circumference "cB"

Neck circumference directly below the chin and over the first cervical vertebra at the back of the head



Circumference "cC"

Over the tip of the chin and over the first cervical vertebra at the back of the head



Circumference "cD"

Directly below the lower lip and over the first cervical vertebra at the back of the head



Circumference "cE"

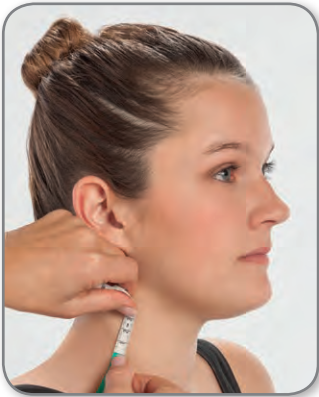
Directly above the eyebrows



Circumference "cE1"

Parallel to the circumference "cE"

Length measurements



Length "lAB"
Width of the neck part: between "cB" and "cA", measuring at the front of the neck and following the body. Ensure that the distance is not so small that the fabric could roll up.



Length "lBC"
Directly below the chin to the tip of the chin, measuring at the front of the neck and following the body



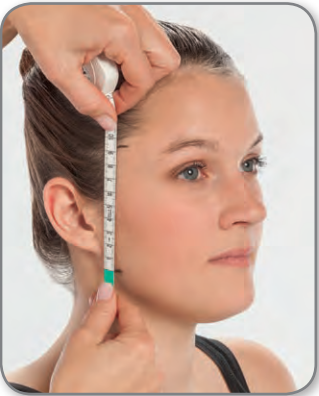
Length "lCD"
From the tip of the chin to below the lower lip, measuring at the front and following the body



Length "lD'D"
Headband from point "D'" over the largest area of the head to the point "D'" on the opposite side



Length "lEE"
Width of the headband: between "cE" and "cE"



Length "lDE"
Position of the headband: between "cD" and "cE"

Additional measurements for face masks

Width measurements Please measure horizontally.



Width "K"
Mouth cutout, from one corner of the mouth to the other



Width "M"
Nose cutout, horizontally from the medial side of each nasal wing



Width "M1"
Knitted-in nose: from nasal wing to nasal wing over the tip of the nose measuring loosely



Width "N"
Eye cutout, from the corner of one eye to the corner of the other



Width "P"
Distance between the eyes



Width "Ear"
Ear cutout

Length measurements Please measure vertically.



Length "M2"
Root of the nose to the tip of the nose



Length "S"
Upper lip to the nose



Length "T"
Below the lower lip to the eye



Length "U"
Height of the eye cutout



Height "Ear"
Ear cutout